

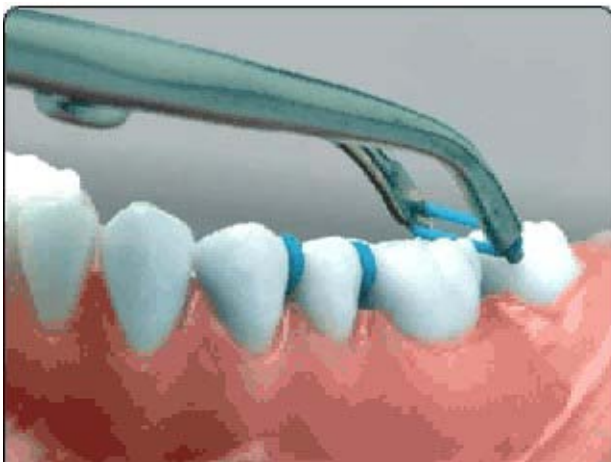
Separators

Before the doctor can place bands or other appliances on your teeth, we have to prepare them with separators.

Separators are small elastics or springs that are placed between certain teeth to create a small amount of space so that the bands, rings that go all the way around these teeth, can be fitted easily and comfortably.

Separators will move your teeth slightly, causing slight discomfort for about three days. After the first few days the separators may be easily dislodged.

Avoid chewy foods such as gum or candies and do not floss between those teeth. You will need to check them every day and make sure they are all still in place. If you find that one or more separators have dislodged, please call the office.



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